

Did you know recent studies show Black women are eight times more likely and Asian women are four times more likely to be admitted to hospital with COVID-19 during pregnancy than white women.

We are here for you

We will work with you to provide consistent & personalised care throughout your pregnancy

You will be offered additional telephone consultations



What can you do?

Ensure you are taking 10mcg of Vitamin D. Speak to your pharmacist or midwife if you have any concerns

If you have a BMI of over 30 increase your folic acid intake. Please speak to your pharmacist, midwife or GP



Contact your maternity unit if you notice any changes in your baby's movements or if you have any concerns at all

Contact NHS 111 if you have any symptoms of COVID-19 and tell your local maternity unit if you test positive

