

### **Useful information after having an implant fitted or removed.**

Please follow the guidance below:

1. Before your implant procedure, the area was numbed with a local anaesthetic. The effects from this can last up to 2 hours. If it feels tender or bruised later on today, take some shop brought pain killers (paracetamol or ibuprofen). Follow the instructions on the packet.
2. Sometimes the local anaesthetic can make you feel sleepy or dizzy, so we will ask you stay at the clinic for a short time after your insertion/removal. If your procedure is at home the nurse will stay with you for a while. If you notice any effects it is important that you do not drive until they wear off.
3. After having an implant put in it is important to keep the area covered and dry for the next 2 days to help it to heal well.
4. After having an implant taken out you will have some plaster strips across the wound to close it. These must be kept dry and covered for 5 days.
5. You will have a bandage on to help reduce the bruising. The bandage needs to be tight, but not uncomfortable. Loosen it if it's too tight, or if your fingers swell up. You can take the bandage off 24-48 hours after your procedure, but you can keep it on a little longer if you want to.
6. There might be bruising around the implant site and a small scar, these will heal and fade quickly.
7. If the area around the implant becomes red, hot, sore and itchy, then it is important to see your doctor. If you can't do this please phone Beaconsfield Medical Practice (01273) 552212 for advice.
8. Your implant contains a tiny amount of barium. This will show up on an X-ray and can be very useful at identifying the position of the implant.
9. Your implant lasts for 3 years. Please book your next appointment 3 months before your implant runs out. You have been given a card with its expiry date on it. If you lose this card contact Beaconsfield Medical Practice (01273) 552212 who will tell you what the expiry date is.
10. If you have any questions or concerns, please ring Beaconsfield Medical Practice (01273) 552212 for advice to discuss them with a nurse or doctor.