

# BEACONSFIELD MEDICAL PRACTICE

## Spring 2019

www.beaconsfieldmedicalpractice.co.uk



## NOTICE BOARD

- Telephone & Surgery opening hours
- Our hours are Mon-Fri, 8.00-6.00
- Our telephone line is open until 6.30 for emergencies.

### Telephone Options:

- 1 Emergency Home Visit
- 2 Appointments
- 3 General Enquiries
- 4 Prescription Enquiries and Test Results (after 10.30 am)
- 5 Nurses Appointments
- 6 Secretaries

We also offer extended surgery hours on Monday evenings and on a Saturday morning for those who have difficulty attending during normal hours. These are pre-bookable only. With either a GP or a Nurse. (Nurse Mon eve only)

During your next visit to the surgery please check we have your correct details.



## BREXIT AND MEDICINES

As you may be aware national contingency plans have been developed by the Government, who are working with manufacturers to ensure a continued supply of medicines in the event of a 'No Deal'.

In summary:

Drug Companies have been asked to ensure they have a minimum of six weeks' additional supply over and above their business as usual stocks, by 29 March 2019 to prepare for a possible 'No Deal' scenario. A UK-wide contingency plan also contains other measures, including arrangements for the air freight of medicines with a short shelf life.

The Government are working to support manufacturers which includes funding to provide additional capacity for the storage of medicines.

### IMPORTANT MESSAGES

The Government have asked that healthcare providers do not stockpile medicines or help patients stockpile. Clinicians have been informed that they must not issue longer/extra prescriptions as this could lead to shortages. The practice is therefore unable to provide prescriptions that fall within this category; if a request is received it may result in a delay.

## ARE YOU PREGNANT

The first thing you need to do is register your pregnancy online at:-

[www.mypregnancymatters.co.uk](http://www.mypregnancymatters.co.uk) this will let the local NHS trust know that you are pregnant and will generate your 12 week scan appointment.

At the bottom of the registration form there are links to print out two paper forms. Please complete and bring to your first appointment. Paper copies available on level 3 reception.

### **Antenatal care**

As soon as you find out you are pregnant you can book an appointment at the surgery directly with the midwife at 6-10 weeks (you do not need to see your doctor).

### **What is antenatal care?**

This is the care you receive while you are pregnant to make sure you and your baby are as well as possible.

The midwife providing your antenatal care will:

- Check the health of you and your baby
- Give you useful information to help you have a healthy pregnancy (including advice about healthy eating and exercise)
- Discuss your options and choices for your care during pregnancy, labour and birth
- Answer any questions you may have

**PLEASE CONTACT THE SURGERY ASAP AND MAKE AN APPOINTMENT WITH THE MIDWIFE.**

## APPOINTMENTS

On one day alone we lost 210 minutes of doctor and nursing appointments due to patients not cancelling.

Thank you to all patients who attended their appointments and to those who cancelled their appointments in good time.

You can cancel your appointment online or if you are signed up for text reminders you can follow the instructions and cancel or phone us when you no longer require it.



## LGBT AWARD

### (Lesbian, Gay, Bisexual, Transgender)

Evidence linking discrimination and health inequalities is growing. Not only can discriminatory behaviour have a negative impact on mental health, but there is also a connection between sustained chronic stress and physical health conditions like cardiovascular disease.

We aim to offer an inclusive service for all our patients to ensure good health outcomes and to treat all our patients as individuals.

## YOUR FEEDBACK

It is our aim to provide the highest possible standard of care for our patients and to help us achieve this we need your feedback. We welcome comments from our patients. Suggestion boxes are in both waiting areas.

## ARE YOU A CARER????

Carers can be very hard to identify and many do not consider themselves as such. Primary care teams are aware of the problems that carers face but without being identified it is impossible to involve carers in patient care or support them in their caring roles. As a practice we would like to support carers to maintain the caregiving situation.

If you are a carer please inform the surgery on your next visit.

You can do this in many ways via the website, via e-mail or in person when you next visit the surgery.



We are pleased to announce that we are working towards becoming a Dementia Friendly Practice.

## RECEPTIONIST'S ODE

Creeping in the back door  
Alarm begins to beep  
I punch in all the numbers  
Which sends it back to sleep

I check upon the de-fib  
Check fridge for bloods and wee,  
Then go and put the kettle on  
To have a cup of tea

Go and bring the milk in  
Fetch mail out of the box  
Log on to the computer  
View sessions for the docs

I press the button on the phone  
It mustn't be done late  
It rings within an instant  
It's only just turned eight!

'I need to see a doctor, dear'  
'Of course', I say, 'Today?'  
'I think I have infection, dear'  
There must be no delay'

So on to the computer  
I offer 10 past 10  
'I need to go to Tesco's dear'  
I won't be back by then'

'Well, how about 12.30 then'  
I offer once again  
'The plumber's coming lunchtime dear'  
To come and sort my drain'

'Five then, at our branch  
Surgery, it isn't very far!  
'No, that is out of the  
Question dear  
My husband needs the car'

'Tomorrow then, at half past nine'  
I try to keep my cool  
'My grandson's in assembly, dear'  
I have to be at school'

'How about the afternoon?'  
I try hard not to groan  
'I think that I could do that...'  
No, I'm having tea with Joan'

'Look, let's try this another way  
You tell me when you're free  
Tell me when you CAN come  
And I will look and see

'I have a busy day, dear  
Have you anything at eight?  
I could come direct from Yoga...  
But I may be somewhat late'

I clench my fist and grit my teeth  
And screw my eyes up tight  
'I'm really very sorry  
But we don't open at night'

'If that's the case, my dear'  
She says  
'I really don't know when!  
The only other option...yes  
I'll take the 10 past 10'



## PATIENT PARTICIPATION GROUP (PPG)

Our friendly group meet four times a year, you do not need to attend every meeting to become a member.

If you would like to join please give your details to reception or visit our website.

All Patients welcome