

BEACONSFIELD MEDICAL PRACTICE

Autumn 2018

www.beaconsfieldmedicalpractice.co.uk



NOTICE BOARD

- Telephone & Surgery opening hours
- Our hours are Mon-Fri, 8.00-6.00
- Our telephone line is open until 6.30 for emergencies.

Telephone Options:

- 1 Emergency Home Visit
- 2 Appointments
- 3 General Enquiries
- 4 Prescription Enquiries and Test Results
- 5 Nurses Appointments
- 6 Secretaries

We also offer extended surgery hours on Monday evenings and on a Saturday morning for those who have difficulty attending during normal hours. These are pre-bookable only. With either a GP or a Nurse. (Nurse Mon eve only)

On 1st Tuesday of every month we run a commuter clinic from 7am for people with Chronic Diseases (e.g. Diabetes) These are pre-bookable with a nurse.

During your next visit to the surgery please check we have your correct details



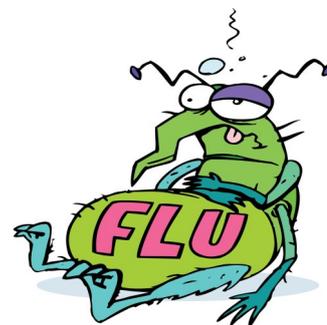
FLU SEASON IS HERE!!!

Are you eligible for a free Flu Vaccination on the NHS????

Flu-related illness is a major problem for older patients and can lead to complications, hospitalisation or even death. Each year older patients or patients with an underlying health condition such as chronic heart, kidney, liver or respiratory disease may become seriously ill due to flu. It is therefore recommended that all patients who fall into these categories take up the offer of a free flu vaccination.

All patients over 65 and those under 65 in at risk categories are eligible. See list below:-

- Chronic Respiratory Disease
- Chronic Heart Disease
- Chronic Kidney Disease
- Chronic Liver Disease
- Chronic Neurological Disease
- Immunosuppression due to disease or treatment
- Diabetes
- Morbidly Obese
- Asplenia or dysfunction of the Spleen
- Pregnant
- Carers



***Please note:** if you book an appointment and are not eligible we will be unable to provide the vaccination causing you to waste your time and an appointment which could be used for another patient.

Vaccine Information

The two types of vaccines have been produced in line with clinical evidence to ensure the best option for protection is given to each patient group.

Over 65's

These patients will receive the new adjuvanted trivalent vaccine; this new vaccine was only licensed for use in the UK in August 2017 and was therefore not an option for the 2017/18 season. However this has now been identified as giving the best protection for 2018/19 to the 65+ age group.

The over 65 vaccine is being delivered in batches this year due to the changes. Please note that you may have to wait for an appointment for this vaccine depending on delivery dates but please contact the surgery to make an appointment and the receptionist can book you in accordingly.

18-64yrs at risk

Public Health England now advises that the quadrivalent vaccine is the best option for 18-64 at-risk groups in the 2018/19 season. It is also used for the childhood programme if Fluenz (nasal spray for children) is not suitable.

Fluenz (Child Nasal Spray)

Appointments now available.

Clinic Information

In light of the different vaccines we have organised our flu clinics slightly differently this year to ensure they run as efficiently as possible. Clinics are being organised for specific age groups, these are:

- over 65's only
- under 65's who are eligible
- children

If you are seeing the GP or nurse about another problem they will offer you the appropriate flu vaccination during this appointment there is no need to make a separate appointment.

We would like to apologise in advance to any patient that may not be able to make an appointment with a member of their family due to difference in age but hope you understand our reasons for doing this.



We are pleased to announce we are working towards becoming a Dementia Friendly Practice.

APPOINTMENTS

Thank you to all patients who attended their appointments and to those who cancelled their appointments in good time.

You can cancel your appointment online or if you are signed up for text reminders you can follow the instructions and cancel by phone when you no longer require it.



We would like to welcome Dr. Robyn Daniel who joined us in September, she will be working on a Wednesday and a Friday.



"I trained in Newcastle and Durham before heading out to work in A&E and Women's Health in Melbourne, Australia for a few years. I returned to complete my GP training through the Royal Free Hospital in North London and I have just recently moved to Brighton. I am enjoying getting to know the area and embracing the joys of seaside living (divebombing seagulls notwithstanding), and I look forward to living and working within the vibrant community here."

We would also like to welcome Laura to our nursing team. Laura joined us in August and is in the practice on a Wednesday and a Thursday.

EXTENDED HOURS SERVICE (formerly known as EPiC)

Funding has been extended for this project and is available to all our patients these appointments are held on the Ground Floor.

Appointments are available with a GP from 6.30pm-8.30pm Monday to Friday, with a GP or a nurse on a Saturday from 8am to 2pm and rotational Sundays from 10am to 1pm.

The clinicians working in these clinics are able to access your usual medical notes in order to provide seamless primary care. If you would like to be seen outside usual surgery hours please ask our receptionist to book.

These appointments are in addition to our own extended hours.



Please be aware that parking at our surgery is very limited and we cannot guarantee a parking space. **If you are coming by car please ensure you allow enough time before your appointment.** There is pay and display parking on Preston Park Avenue, alternatively we are on several bus routes.

You must ensure you enter the car's registration into the terminal on the floor you are visiting, please note this includes vehicles with a blue badge or any waiting vehicle. Failure to do so will trigger a fine, administered by an independent company (the practice makes no profit at all from this).

PLEASE ENSURE WHEN ENTERING YOUR REGISTRATION NUMBER THAT YOU CHOOSE CAREFULLY BETWEEN A ZERO AND THE LETTER "O" ACCORDING TO WHERE THIS IS PLACED IN YOUR REGISTRATION.

PLEASE ALSO NOTE THAT PARKING IS ONLY FOR PATIENTS VISITING THE BUILDING AND DOES NOT INCLUDE VISITING THE BREAST CLINIC OR DENTIST AT 177.

ARE YOU A CARER????

Carers can be very hard to identify and many do not consider themselves as such. Primary care teams are aware of the problems that carers face but without being identified it is impossible to involve carers in patient care or support them in their caring roles. As a practice we would like to support carers to maintain the caregiving situation.

If you are a carer please inform the surgery on your next visit.

You can do this in many ways via the website, via e-mail or in person when you next visit the surgery.

PATIENT PARTICIPATION GROUP (PPG)

Our friendly group meet four times a year, you do not need to attend every meeting to become a member.

If you would like to join please give your details to reception or visit our website.

All Patients welcome.

ON-LINE ACCESS

Although our survey results were encouraging regarding online access it appears that patients are not aware that they can request further access to view their summary care record or detailed coded entry. We would also like to remind patients that they can update their personal details via our website to ensure we have their up-to-date mobile number etc.

YOUR FEEDBACK

It is our aim to provide the highest possible standard of care for our patients and to help us achieve this we need your feedback. We welcome comments from our patients. Suggestion boxes are in both waiting areas.



LGBT AWARD (Lesbian, Gay, Bisexual, Transgender)

As part of our Silver Award we continue to promote awareness of the poor health outcomes faced by the LGBT community; to improve both patient confidence and professional understanding.

Evidence linking discrimination and health inequalities is growing. Not only can discriminatory behaviour have a negative impact on mental health, but there is also a connection between sustained chronic stress and physical health conditions like cardiovascular disease.

We aim to offer an inclusive service for all our patients to ensure good health outcomes and to treat all our patients as individuals.