

## Patient Participation Group (PPG) Newsletter

July 2017



***The Big Health and Care Conversation has been launched to give local residents an opportunity to improve health and social care services***

Brighton and Hove residents are being asked to play their part in helping to improve health and social care for the city.

The local NHS and local authority have launched their first ever “Big Health and Care Conversation” to get the views and experiences of as many local people as possible about what matters most to them in health and social care and how they can help shape and transform services in the future.

The conversation will last six months and members of the NHS and local authority will be out and about across the city to speak with as many different people and communities as possible.

Congratulations to **Stan Pearce** who has taken up the position of **PPG Network Chair**. Stan was voted in by an overall majority by members of the Network at the last meeting on 24th May 2017.

Please find the latest PPG Network minutes here: <http://www.brightonandhoveccg.nhs.uk/ppg-network>

### ***Future Network Dates:***

(Both at the Brighthelm Centre)

**Wednesday 27<sup>th</sup> September 2pm - 4.30pm (The Stanmer Room)**

**Wednesday 24<sup>th</sup> January 2018 2pm - 4.30pm (The Hanover Room)**

### ***Upcoming PPG Events***

**PPG Hosted Event – 25<sup>th</sup> October** in the Auditorium 2pm - 5pm, The Brighthelm Centre. Please remember to invite your PPG members to the event - this is for all PPG members. The theme of the event will be about reducing the stigma and fear of Alzheimers and Dementia. (More information to follow)

A launch event was successfully held at the Brighton Dome on the 4th July, where over 130 members of the public had a the chance to talk to doctors, nurses, pharmacists, health professionals, NHS workers, local authority staff and community and voluntary representatives.

The event focused on Caring Together, the joint programme of work led by NHS Brighton and Hove Clinical Commissioning Group (CCG) and the City Council. The programme builds on work already underway in the city and aims to find ways to improve and transform services for adults and children, physical and mental health, social care, public health, GP services, pharmacies, community and voluntary sector services and hospital services.

Dr David Supple, Clinical Chair of NHS Brighton and Hove CCG said: "We want to improve health and social care for everyone in the city but we can only do this with the help of those who matter the most – the patients, public and carers. They are the ones who know how services can best meet their needs so we want to ensure their views and experiences are heard, acted on and influence the way health and care is planned and delivered now and in years to come. We want to hear from anyone and everyone across the city so don't be shy – join the conversation.

It is now time for the CCG and local authority to of get out and about across the city to speak with as many different people and communities as possible over the next six months. There are lots of events taking place, but if you would like to invite us to attend a PPG meeting or event then please email us at [bhccg.participation@nhs.net](mailto:bhccg.participation@nhs.net).

The Big Health and Care Conversation is asking for people to give their views over social media. You can Tweet at hashtag **#Big\_Convo**

For more information on the Big Health and Care Conversation go to: <http://www.brightonandhoveccg.nhs.uk/publications/plans-priorities-and-progress/plans/big-health-and-care-conversation>



### *Update from Community Works*

#### **'Keeping Adults Safe' course**

We normally charge for this course but there are **two free places available to groups with a smaller income, on a first-come first-served basis**. If you would like to apply for one of these places please ensure that you mention this when contacting us.

**'Keeping Adults Safe'** is an introductory course for community groups and voluntary sector organisations, who work with, engage and deliver activities or services for adults.

**Date:** Thursday 24 August 2017

**Time:** 09:30am – 13:45pm

**Venue:** Lecture Room, Friends Meeting House, Ship Street, Brighton, BN1 1AF

For more information and to book a place visit: <http://bit.ly/2tlh0s2> or call 01273 234023.

#### **Press Release – what news do you have?**

We're planning a press release, including social media posts, to raise awareness about the fantastic work you do and benefits of being a PPG member. Please share with us any stories you have about your successful activities and examples of making a difference to your local surgery and community. Quotes, people's experiences and pictures are especially welcome!

If you would like your PPG members to take part in the Big Health and Care Survey you can find it via the following link

<https://t.co/9eqLspDE0C>

Our new Caring Together video explains the Caring Together programme to transform care in Brighton and Hove: <http://bit.ly/2tEZFat>

***If you are interested in the Sustainability and Transformation Partnership (STP) we are holding the following discussions:***

11th September 10.30am - 12pm,  
Auditorium, BRIGHTHELM CENTRE  
<https://www.eventbrite.co.uk/e/the-big-stp-conversation-sustainability-and-transformation-partnership-11-sept-17-tickets-36107258783>

28th September 6pm - 8pm Council Chamber, Hove Town Hall  
<https://www.eventbrite.co.uk/e/the-big-stp-conversation-sustainability-and-transformation-partnership-28-sept-17-tickets-36107705118>

30th November, 1pm - 3.30pm,  
Auditorium, BRIGHTHELM CENTRE  
<https://www.eventbrite.co.uk/e/the-big-stp-conversation-sustainability-and-transformation-partnership-30-nov-17-tickets-36107427287>

---

***Governing Body Meetings***

A reminder that Governing Body Meetings are held in public every two

Please get them back to us **by Tuesday, 8th August 2017.**

**'PPG Annual Learning Event'**

We are planning your 'PPG Annual Learning Event' in the autumn.

**Date:** Monday 30th October 2017

**Time:** 10am-1pm

**Venue:** Conference Room, Community Base, 113 Queens Road, Brighton BN1 3XG.

Please let us know what you would like the topic of the event to be by responding to this short survey or by emailing Magda by the end of August:

<https://www.surveymonkey.co.uk/r/ppgneeds>

For more information and to book a place visit: <https://ppg-annual-learning-event.eventbrite.co.uk>

**Become Community Works member**

Please join us (if you haven't done so yet), and start benefiting from exclusive and prioritised access to our events, training, and one-to-one advice and support. By being a member, you'll be able to easily connect with others working in the area. Membership for groups like yours is **free**.

If you would like to find out more about any of them or you need any support with your PPG work please don't hesitate to contact me.

Magda Pasiut, Community Works Project Officer

**Email:** [magda@bhcommunityworks.org.uk](mailto:magda@bhcommunityworks.org.uk)

**Phone:** 01273 234023

months and everyone is welcome to attend. The next Governing Body Meeting will take place on:

**Tuesday 26th September 2017 1pm-4pm in The Jubilee Library, Jubilee Street, BN1 1GE**

<http://www.brightonandhoveccg.nhs.uk/about-us/our-governing-body/governing-body-papers>

If you have any questions about these events, please contact the Governing Body Secretary at [BHCCG.GovBodySec@nhs.net](mailto:BHCCG.GovBodySec@nhs.net)

## ***We are Good!***

The CCG has gone from “inadequate” rating to “good” – skipping over the “requires improvement” in between. It is almost unheard of to do this – i.e. skip one rating and straight to good, so this is really good news for the CCG and reflects the hard work everyone has put in. Below are the media links:

[http://www.theargus.co.uk/news/15428454.NHS\\_bosses\\_praised\\_for\\_improvements\\_made/](http://www.theargus.co.uk/news/15428454.NHS_bosses_praised_for_improvements_made/)

<http://www.brightonandhovenews.org/2017/07/21/nhs-commissioner-in-brighton-and-hove-goes-from-inadequate-to-good-in-a-year/>



## **We held a Keeping People Healthier Longer event based on the document:**

Longer, healthier lives for people with long-term health conditions

<http://www.brightonandhoveccg.nhs.uk/publications/plans-priorities-and-progress/reporting>

For context you might also want to see the following public health report:

Public Health's Annual Report  
<https://www.brighton-hove.gov.uk/content/health/public-health-brighton-hove>

## ***Sussex Peer Evaluator Exciting New Volunteer Opportunity***

## ***Starter and leaver announcements:***

**Meg Lewis** joined the Clinical Commissioning Group on 24<sup>th</sup> July as the new Patient and Public Engagement Manager. Meg has a wealth of experience in the Community and Voluntary Sector and will be an excellent addition to the Engagement Team. Meg will be taking on PPG work, and you shall have the opportunity to meet her at the next PPG Network meeting.

**Emma Snowdon** will be leaving her post as Engagement Officer and her last day will be 28<sup>th</sup> July 17. Emma has decided to spend more time with her young daughter, but has enjoyed working with the PPG Network for her time in post and sends everyone her best wishes.



## ***The Community Navigation Service is Looking for Volunteers!***

(Run by the charity Brighton and Hove Impetus and funded by the CCG)

- **Want to help people connect with their community and increase their wellbeing?**

Community Navigation is a 'social

Are you a person affected by cancer with good listening and communication skills? Could you use your experience to carry out interviews with your peers? You'll be helping us to gain a better understanding of people's needs, so that we can work together to develop the right support and information so that no one in Sussex faces cancer alone.

**You need to be 18 years old or over to apply for this opportunity.**

[Apply](#)

### **What we're looking for**

- Able to observe and assess situations objectively
- Excellent listener and clear communicator
- Good written and summarising skills
- Able to work independently with guidance and support
- Patient, flexible and reliable.

### **What you can gain from this opportunity**

- Join an enthusiastic team of people who want to make a difference, just like you
- Meet and work with new people in your community
- Develop your organisational, IT and communication skills, enhancing your CV
- Enjoy a rewarding experience making a difference to people affected by cancer
- Receive an induction, relevant training, and support from our staff

### **How to apply**

You can apply for this role online via the Macmillan Volunteer Village

<https://volunteering.macmillan.org.uk/Opportunity/Details/5501>

prescribing' service that works with GP practices and patients to help people improve their health and wellbeing. Community Navigators help people identify and access the right local groups and services and are referred to us because of a non-medical support need: whether social isolation, the need for information and guidance or a range of other issues. The role involves providing ongoing support to people and includes developing knowledge and understanding of a range of community activities and groups.

One of our volunteer Navigators told us, 'I volunteered to feel part of a team and do something which gives me a sense of belonging – I have definitely found this in the team of Community Navigators. We help people, referred by their GP, to find out about activities/services in the community that could help them feel better.

'A client recently told me they really valued me listening to them, as well as opening the doors to services they had no idea existed. For me, this was humbling and rewarding in equal measure.'

Now that our service is expanding to work with every GP practice in Brighton and Hove we are recruiting for volunteer Community Navigators. We are looking for people who:

- Have excellent communication skills
- Have experience of helping people in a supporting or caring role
- Can work independently and creatively, enabling people to access activities and services

If you think this role matches your skills and interests we would love to hear

**Or contact:**

Elizabeth Stickney

Phone: 07764503475

Email: [estickney@macmillan.org.uk](mailto:estickney@macmillan.org.uk)



***Health and the internet***

Did you know that the NHS now offers a wide range of online services for patients? At many GP surgeries, you can now book appointments and request repeat prescriptions online. In addition, people can get information; encouragement to live healthier lives and support from other patients and carers if they are coping with long term conditions. Some examples are –

- NHS Choices – [www.nhs.uk](http://www.nhs.uk)
- One You – [www.nhs.uk/oneyou](http://www.nhs.uk/oneyou)
- My Life - [www.mylifebh.org.uk](http://www.mylifebh.org.uk)
- We Could Be Heroes - [www.wecouldbeheroes.nhs.uk](http://www.wecouldbeheroes.nhs.uk)

As a Health Champion, you can help the NHS to let people know about these options, which are available 24 hours a day. In addition, if you know people who cannot yet use the internet, you could signpost them to the free IT coaching sessions

from you. You can find out more on our website at: [www.bh-impetus.org/become-a-navigator](http://www.bh-impetus.org/become-a-navigator)  
And do contact us to talk about the role:  
Email: [seb.feast@bh-impetus.org](mailto:seb.feast@bh-impetus.org)  
Tel: 01273 229385

available across the city. To find your nearest venues, either visit [www.digitalbrightonandhove.org.uk](http://www.digitalbrightonandhove.org.uk) or ask at any library.

### ***Local Services***

For more information on local services please have a look at:

Brighton and Hove  
[Council's health web pages](#) and the  
[My Life website](#).

### ***NHS Brighton and Hove Clinical Commissioning Group***

Hove Town Hall, Norton Road, Hove,  
BN3 4AH  
Reception Tel No: 01273 238700  
Email: [bhccg.ccg@nhs.net](mailto:bhccg.ccg@nhs.net)



Share



Tweet



Forward